

## Po ulitse mostovoy

(Russia)

Po ulitse mostovoy, which translates as "on the paved road," is a traditional song and dance that is known in many parts of central Russia. The research for this progressive dance was done by the ethno-musicologist Yevgenia Zasimova. The dance was shown during a meeting between German, Dutch, and Russian folklore groups in Moscow, 1989.

Pronunciation: POH OO-lee-tseh mahss-tah-VOY

Cassette: Konings – Stockton 1996 2/4 meter

Formation: Cpl facing cpl in a double circle, W on M R, inside hands joined in V-pos. Cpl 1 is facing in LOD (CCW); Cpl 2 is facing in RLOD (CW).

Steps and Styling: Scuff Step (2 to a meas): Low leap fwd onto R (ct 1); scuff L heel fwd (ct &); repeat with opp ftwk (cts 2, &).

Ftwk same for all.

### Meas

### Pattern

12 meas INTRODUCTION. No action.

#### I. CIRCLE CCW AND CW

- 1-3 Facing diag R of ctr, dance 6 Scuff Steps circling CCW.
- 4 In place, step R, L, R turning at end to face diag L of ctr.
- 5-7 Repeat meas 1-3 with opp ftwk and direction (CW).
- 8 In place, step L, R, L turning at end to face opp cpl.

#### II. ARCH AND DUCK

- 1-2 Cpl 1 travel in LOD; Cpl 2 in RLOD. With 4 scuff Steps, move fwd. Cpl 1 arch (raise joined hands); Cpl 2 duck under the arch.
- 3-4 Continuing, dance 4 more Scuff Steps but reverse the arching and ducking. Cpl 1 duck under the arched hands of the next couple they meet. Stop facing the 3rd cpl and rejoin hands in a circle of four, ready to start dance again. (Count the original cpl with whom you circled CWW and CW as no. 1).

Repeat dance with a new cpl each time until music ends.

Presented by Hennie Konings

Description by Ruth Ruling and Joyce Lissant Uggla